

Chakra Psychology

*a unique course for
psychotherapists, bodywork
therapists, healers, counsellors,
alexander technique teachers,
yoga teachers, meditators,
those on a spiritual, personal
growth path ...*

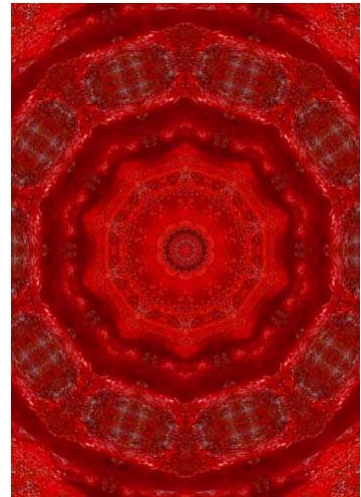
*validated for CPD by The
Association for Therapeutic
Healers*

On this course you will be introduced to working with each of the seven major chakras using a range of healing & therapeutic approaches including:

- Jungian psychology
- eastern philosophy
- somatic therapy
- childhood developmental theory
inner child work
- creative visualisation
- affirmations
- subtle energy touch
- sound and colour healing

The chakras are like huge databases and when you connect with them you receive insights and help way beyond what your conscious mind can give you.

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Learn about the developmental stages of consciousness of your own chakras and so come to know yourself in a much fuller way.

If you are a therapist this knowledge, experience and tools will support you in your work with clients – whatever your discipline.

"This truly holistic course has given me a fascinating insight into the power of the chakra system as well as psychology as a whole. It has given me the opportunity to examine and heal myself at the same time as providing tools for my kitbag as a practitioner. I highly recommend it for any therapist. It's a gem."
Linda Hall, North London

9 Saturday afternoons once a month
October 2011 – June 2012
beginning on Saturday 15 October 2011
Muswell Hill, North London

course fee £395 – this includes materials, assessment of a written assignment and a free one hour individual tutorial

please note: there is an option to pay in instalments

you will receive a certificate on completion of course requirements

contact Delcia for full syllabus & dates, and details of other Chakra Psychology events

